

# NATURE'S NEWS





02

**FAWN FACTS** 

05

SPECIAL RECOGNITION

**11-12** 

SPA SERVICES

**15** 

IMPORTANT ANNOUNCEMENTS 03

THREE FESTIVALS
YOU SHOULD VISIT

06

SNAKES IN WILDERENESS

13

FALL GARDEN TIPS

16

CLASSES & CLUBS

04

RECIPE OF THE MONTH

07-10

**UPCOMING EVENTS** 

14

OCTOBER CALENDAR

**21** 

**CONTACT US** 



# THREE FESTIVALS YOU SHOULD SEE

GET YOUR FILL OF TAMPA AREA PUMPKINS, BRATWURST AND HAUNTINGS.



#### HarvestMoon Fun Farms

Pumpkins, Fall Games, Corn Maze & Petting Zoo. Kid-friendly fall fun the whole family will enjoy.

Wednesday-Friday: 10am-2pm

Oct 11th-Oct 27th

Saturday & Sunday: 10am-5pm 14th,15th,21st & 22nd 9am-5pm with <u>pre-purchased ticket.</u>

https://www.harvestmoonfl.com



#### Scream-a-geddon

Not for the faint-of-heart or children scream-a-geddon promises to deliver adult beverages and the scare of a lifetime. Yes, you'll need to sign a waiver.

https://screamageddon.com/hours/

2

#### **Oktoberfest Tampa**

We'll be celebrating with german cheer, dancing and singing to cooler weather and colder beer along the Hillsborough river downtown at the Curtis Hixon Waterfront Park OKTOBER 13th, 14th, 15th CURTIS HIXON PARK Buy Tickets Online



## FOOD FOR HEALING

#### **WILDERNESS VERSION**

Over the last month it seems like at any given moment, since back to school someone in my house has a runny nose, a sneeze, a fever or is ailing in some way. When I was a kid, my piano teacher delivered soup to me when I was sick once. That was the first time I had homemade chicken soup. For me, I was a Campbells kid, and while I still crave the red and white can of salty noodles when I'm sick, nothing heals me like the hot broth in that homemade soup recipe.

With all of those back to school germs circling around our community, what better time to share that magical recipe that cures soul and body.

## SHOPPING LIST & DIRECTIONS

**ONE WHOLE CHICKEN** (RAW TO ROAST AT HOME, OR SKIP A STEP AND CHOOSE A PUBLIX ORIGINAL ROASTED OR LEMON PEPPER ROASTED CHICKEN FROM THE DELI)

2 32 OZ CONTAINERS OF CHICKEN BROTH (ANY BRAND)

WANT GRANDMAS SOUP? YOU CAN MAKE THIS YOURSELF BY SIMMERING YOUR CHICKEN CARCASS AFTER YOU STRIPPED THE MEAT AND ADDING 2 WHOLE CARROTS, 1 ONION, 2 OR 3 STALKS OF CELERY (OR CELERY SCRAPS) IN WATER. THE LONGER YOU SIMMER, THE MORE HEALING IT WILL BE. SALT TO TASTE.

2-3 CARROTS CUT TO PREFERRED SHAPES 3 STALKS CELERY DICED 1 LARGE ONION DICED

SAUTE VEGETABLES IN 2 TBSP BUTTER UNTIL FRAGRANT. ADD SHREDDED COOKED CHICKEN, BROTH AND SIMMER FOR ONE HOUR.

ADD PASTA OF YOUR CHOICE. FOR HOMEMADE DUMPLING STYLE NOODLES, USE PUBLIX FROZEN REAMES EGG NOODLES. YOU CAN ALSO USE ANY PASTA, RICE OR FOR GLUTEN FREE, ADD POTATOES.

WANT IT SPICY? ADD SOME CAJUN SEASONING. I'M PRETTY SURE THAT THIS IS THE MAGIC INGREDIENT.

TOO SICK TO COOK? SAN JOSE MEXICAN RESTAURANT HAS THE MOST UNEXPECTEDLY FANTASTIC HOMEMADE MEXICAN CHICKEN SOUP.

NATURE'S NEWS - OCTOBER 2023









# WILDERNESS

# ARE THERE VENOMOUS SNAKES IN WILDERNESS LAKE PRESERVE? YES.

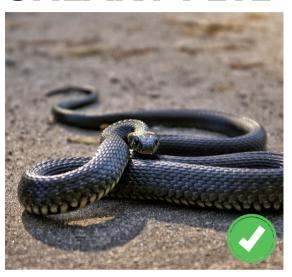
If you can identify with the idea that every snake in Wilderness Lake Preserve is a "nope rope" then this is for you. We are home to four species of venomous pit vipers, venomous coral snakes and over forty species of non-venomous snakes. Most snakes, **even venomous** are beneficial to the local eco-system- controlling populations of insects, rodents, frogs, lizards and occasionally even each other. We have a black racer family near our home, and call them all Sneaky Pete. Would you be interested in a class to help you identify local snakes? Contact the lodge and let us know

#### KEEP PETS AWAY



Keep pets leashed near wooded areas and if your pet is bitten get them to a veterinary hospital (call ahead) with antivenin as quickly as possible. You can easily identify a pit viper bite by the two fangs, and excessive bleeding.

#### SNEAKY PETE



The best thing to do if you see a snake outside is to stay away and let it slither along. A snake shouldn't be removed unless it is inside your home or garage. Don't get too close to take photos for identification if you are unsure about safety.



#### **EASTERN RAT SNAKE**



EVENTS TEAM AT WILDERNESS

# HAPPENING HAPPENING



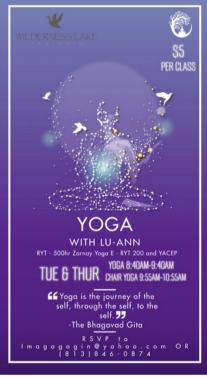


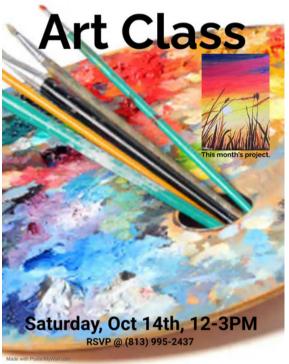




# WHAT'S HAPPENING













# WHAT'S HAPPENING

















# SPA SERVICES







#### **BASIC MANICURE**

Nails will be shaped, cleansed and pampered. You will receive a hand and arm massage and finished with your choice of polish.

#### \$15

#### **ISLAND GETAWAY**

Enjoy tropical fragrances as you are pampered! After nails are shaped and cleansed, you will receive an invigorating anti-aging hand exfoliation that is completed with a hot towel wrap. A soothing arm and hand massage will relax you and will be finished with polish of your choice.

\$20

#### **BASIC PEDICURE**

Shaping of nails and exfoliation begin this pedicure followed with thorough cleansing of feet, a relaxing massage and polish. Aromatherapy will heighten the senses leaving you feeling refreshed and beautiful!

\$28

#### MILK AND HONEY PEDICURE

After your feet are soaked and cleansed, you will lose yourself in the experience of a mud mask for the feet and long massage for total relaxation.

\$35

# SPA SERVICES

#### NO POLISH PEDICURE

Using a blend of Peppermint and Pine Oils, feet will be soaked, toenails filed and feet exfoliated. A long massage will complete the experience.

\$28

#### MINI MANI PEDI COMBO

This package is an abbreviated combination of the traditional manicure and pedicure. Fingernails will be shaped, buffed and polished. Feet will be soaked, toenails shaped and buffed and a light massage will be given. Polish will be applied.

\$30

#### PRINCESS PAMPERING

This is a combination mani-pedi specifically designed for the young ladies! Nails will be shaped and cleansed and polish will be applied to hands and feet. (Ages 14 and under)

\$22

## CND SHELLAC MANICURE

14-day wear polish with ZERO dry time which is finished with a hand and arm massage.

\$28







#### ADD ON SERVICES

Buff and Polish Change \$8 Add a French manicure \$3 Nail Repair \$2 Rhinestones and decals (per nail) \$2

## **FALL GARDEN TIPS**

## 5 TIPS TO SPRUCE UP YOUR LAWN YEAR-ROUND WITH FALL GARDENING EFFORTS

#### 1

## PLANT TREES, SHRUBS, ROSES

October is an ideal time to plant deciduous trees, shrubs, and roses. Tip: If you buy a plant that has already lost its leaves, don't worry. This means it is dormant and won't mind a change in venue.

#### 3 ADD BULBS

Spring-flowering bulbs such as tulips, daffodils, and crocus should be planted in October and November. Larger bulbs are best planted 8 inches deep; smaller bulbs 4 inches deep. For a natural, informal look toss your bulbs over the garden bed and plant them where they fall.

#### 4 REFRESH MULCH

One of the best ways to control weeds and to conserve water is to mulch the beds and tree rings. Tip: If you are mulching newly planted trees, don't spread the mulch right up against the trunk. Leave a 6-inch gap around the base of the tree.

#### 2 DIVIDE PERRENIALS

Many perennials benefit from being divided every few years. Left to their own devices, some plants become overgrown and slowly die out from the center. Tip: Do a little research before you divide your plants. Some species such as peony only require dividing every four to six years, while faster-growing species such as Hosta or Bearded Iris are best divided every two to three years.



#### 5 WEEDING

A lot of gardeners don't realize that weeding is even more important in the fall then it is the rest of the season. Weeds such as crabgrass, lamb's quarters, and thistle all develop seed heads in the late summer and fall. Never let any weeds remain in your garden

# WILDERNESS CLICK ON ORANGE EVENTS TO VIEW FLYER PAGE

# Octobel 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	5	1	5	W.C	7
	STORYTIME 10AM		CDD MEETING 9:30 AM RECYCLING DAY		GRILL & CHILL 6 PM	COMEDY SHOW 7 PM
8	9	10	11	12	15	14
	STORYTIME 10AM ARC MEETING 6:30 PM		RECYCLING DAY			ART CLASS 12 PM OKTOBERFEST 3PM
15	16 STORYTIME 10AM	17 TACO TUESDAY 5PM	18 RECYCLING DAY	19	20 SIP & PAINT 6 PM	21 COMMUNITY GARAGE SALE KIDS ART 1 PM
22	25 STORYTIME 10AM	24 HOA MEETING 6:30 PM	25 BEST DECORATED HOUSE DRIVE BY 7PM RECYCLING DAY	26	27	28 HAUNTED HOUSE ALL AGES 5PM OLDER KIDS 7PM
29	STORYTIME 10AM	KIDS COSTUME PARADE 5PM	RÎCK RÊAT			



New Cleaning Services

Board approved new janitorial services for lodge areas.

New Annual Rotation

New Flowers are now installed at the Wilderness Lodge and entrance areas.

Read Full Meeting
Highlights



# **CLASSES & CLUBS**



Wednesdays 10AM (COST: FREE) Contact Shuyan at: <u>970-978-7568</u> Contact Janice at: <u>727-776-5723</u>



Monday - Friday 9AM - 10AM (COST: FREE)



Tuesdays & Thursdays 8:45 AM & 9:55 AM Contact LuAnn at: 813–846–0874
Email: Imgagain@yahoo.com
(COST: \$5)



Walking, Strength & Toning Monday, Wednesday, Friday 9:30AM – 10:45 AM (COST: FREE)



Tuesday & Thursday 6:30 PM (COST: FREE) Contact Susan at: <u>602-315-0757</u>



Ladies' Social Club This year the Chat'hers are sponsoring Hospice.

Contact Telicia at: 786-301-4506

# AKCUND CELEBRATE THE LODGE HARD, WORK



#### LABOR DAY POOL PARTY













**17** 

# AROUND THE LODGE

#### **SMORES PARTY**



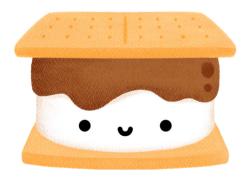












18

# AROUND THE LODGE

#### **MONDAY STORY TIME**









Themed stories, well-conceived art projects, snacks and even song and dance fill the Nature Center every week. Although we will miss our school-aged kids as they return to the books and Summer break comes to an end, we still have many exciting storytime mornings to look forward to. These children are having a fun time snacking and crafting.

Storytime is held **Mondays at 10:30am.** 

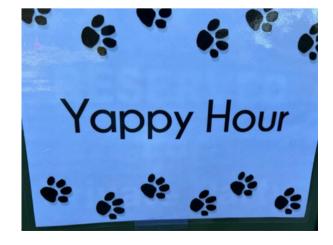
NATURE'S NEWS - OCTOBER 2023

# AROUND THE LODGE



#### **YAPPY HOUR**







# CONTACTS

#### **WILDERNESS LODGE**

21320 WILDERNESS LAKE BLVD. LAND O' LAKES, FL 34637 813-995-2437

SUPERVISORWLP4@GMAIL.COM

SUPERIVISORWLP3@GMAIL.COM

MANAGER@WLPLODGE.COM

TOAKLEY@WLPLODGE.COM

#### **BOARD OF SUPERVISORS**

HOLLY RUHLIG, CHAIR
BRIAN NORRIE, VICE CHAIR
BETH EDWARDS, SECRETARY
HEATHER HEPNER, SECRETARY
AGNIESZKA FISHER, SECRETARY

#### SUPERIVISORWLP2@GMAIL.COM SUPERIVISORWLP5@GMAIL.COM SUPERIVISORWLP1@GMAIL.COM

#### DISTRICT STAFF

TISH DOBSON,
LODGE & DISTRICT MANAGER
TERRI OAKLEY

ASSISTANT MANAGER

#### LODGE HOURS OF OPERATION

**EVENT BOOKING & SPACE RENTALS** 

SUNDAY: NOON - 9:00 PM MONDAY - FRIDAY: 9:00 AM - 9:00 PM

SATURDAY: 10 AM - 10:00 PM

#### **GARBAGE PICKUP - WASTE CONNECTIONS**

TUESDAY & FRIDAY AM

**EVENTS@WLPLODGE.COM** 

RECYCLING

WEDNESDAY AM **727-847-9100** 

#### FITNESS CENTER HOURS OF OPERATION

OPEN 365 DAYS WITH ACCESS CARD 5:00 AM - 11:00 PM

#### **NAIL TECHNICIAN:**

SERVICES AVAILABLE MONDAY - FRIDAY BY APPOINTMENT ONLY



# MEETING HIGHLIGHTS

THE REGULAR MEETING OF THE BOARD OF SUPERVISORS OF THE PRESERVE AT WILDERNESS LAKE COMMUNITY

DEVELOPMENT DISTRICT WAS HELD AT 9:30AM ON WEDNESDAY, SEPTEMBER 6, 2023.

THE OFFICIAL MINUTES WILL BE POSTED ON THE DISTRICT'S WEBSITE, ONCE THEY ARE APPROVED BY THE CDD BOARD OF SUPERVISORS DURING THE NEXT SCHEDULED MEETING.

AUDIENCE COMMENTS:

SPA SERVICES

**↑** STAFF REPORTS

DISTRICT ENGINEER

- ROADWAY REPAIR SOD REPLACEMENT
- DRAYCOTT WAY DRAINAGE ISSUE
- MARINE ENGINEER FOR CORMORANT COVE

DISTRICT COUNSEL

- DM/GM VESTA AMENDMENT
- NOV 2022 INJURY AT NIGHT HERON & CALIENTE
- COMMUNITY MANAGER
- ACCESS WRIST BANDS 12-15 YEAR OLDS UPDATE
- DIGITAL NEWSLETTER
- SPLASH PAD BOLLARD
- OPEN POSITIONS (EVENTS AND LODGE REP)
- WINTER EVENTS

DISTRICT MANAGER

- EXTRA DUTY SHIFTS
- DEERFIELD VILLAS RESOD REVIEW
- ROOFLINE DRAINAGE AT DRAYCOTT REVIEW

SUPERVISOR COMMENTS

- SPA SERIVICES DISCUSSION
- SCHEDULING SERVICES
- MARKETING SPA SERVICES
- SPACE UTILIZATION OF SALON AREA

BOARD CONSIDERATIONS & APPROVALS

- CONSENT AGENDA APPROVED
- NEW CLEANING SERVICES APPROVED
- ADA DOOR PROPOSAL, REQUEST FOR MORE INFORMATION
- NATURAL AREA POLICY APPROVED

O6 SUPERVISOR REQUESTS

 CIRCULATE FINAL AGENDA NO LATER THAN FRIDAY BEFORE THE NEXT MEETING

ReminderNEXT MEETING
OCTOBER 4, 2023 9:30 AM